

Information for Second-Annual Tommy “Tiny” Lister Classic Saturday, April 2, 2005 -- Jesse Owens Track on the Cal State L.A. Campus

Cal State L.A. is looking forward to having you on campus April 2 for this year’s Tommy “Tiny” Lister Classic. If there are any questions or problems, please contact either Cal State L.A. head coach Christopher Asher (323-343-6413) or assistant athletic director Chris Hughes (323-343-5308). Cal State L.A. associate athletic director Brian Swanson will serve as meet director.

Clerk of the Course/Check-In -- The clerk of the course area will be adjacent to the scoreboard at the north end of the stadium. Check-in for track events closes 30 minutes prior to the start of an event. Check-in for field events will take place at the event site and closes approximately 15 minutes before the start of an event. Athletes that do not check in by these deadlines will be scratched.

Dressing Rooms/Showers -- Dressing rooms and shower access will be available. However, we cannot provide secure lockers nor shower towels.

Driving Directions -- Cal State L.A. is located at the junction of the 10 and 710 freeways in Los Angeles and is easily accessible from -- among others -- the 10, 710, 5, 101 and 60 freeways. For those using online options such as Mapquest to print directions, the street address for CSULA is 5151 State University Drive in Los Angeles. A campus map is available via the CSULA web site. Jesse Owens Track is located at the southeast corner of campus.

Entry Fees -- For individual events, there will be a charge of \$10 per athlete per event. For relays, entries are \$20 per relay team per event. There is no maximum or minimum entries per team or school, however, a team will not be charged more than \$300 per gender (e.g. maximum combined total of \$600 for the school’s men’s and women’s teams). All entries for the meet will be via the official Cal State L.A. Athletics web site (www.calstatela.edu/univ/athletic) and must be made by 5 p.m. PST on March 28.

Late entries will be charged \$20 per individual per event and \$40 per relay team per event and may be made only at Jesse Owens Track on April 2. For teams, the entry fee must be received in full by 9:30 a.m. For individual entries, the entry fee must be received no later than two (2) hours before the first event in which the individual is entered. Receipts will be made available upon request. No refunds will be issued once an entry has been made.

Payment should be made at the table located at the north entrance to the stadium. Cash or check only. Make checks payable to Cal State L.A. Athletics.

Entry Forms and Seeding -- All entries for the meet will be made via the official Cal State L.A. Athletics web site (www.calstatela.edu/univ/athletic) and must be made by 5 p.m. PST on Monday, March 28. The meet registration form will be taken off the web site at 5 p.m. PST on March 28 and no further entries will be accepted until 8 a.m. PST on April 2. The only exception to this policy will be for a school/club whose team has already reached the \$300 maximum entry fee level (contact CSULA head coach Christopher Asher via phone in this scenario). Heat sheets will be published on the CSULA Athletics web site on Thursday afternoon, March 31.

Field Access -- Access to and from track level for teams/participants is available only through the north gate. Only those athletes either competing or immediately preparing for an event will be allowed on field level. Athletes should utilize the baseball field (adjacent to the stadium) for warmup and cool downs. Coaches and trainers will have access to field level at all times. We will not issue formal credentials for the meet, but we ask your assistance in having your athletes utilize field level only when needed in the course of the afternoon.

Food -- A lunch (sandwich, chips, Pepsi) will be provided for USATF officials and game management personnel. Athletes may bring in food and drinks necessary for quality competition. However, spectators will not be permitted to bring outside food or drink into the stadium. A concession stand will be available for all in attendance throughout the meet for food and beverage purchases. Please inform your athletes and ask them to tell their parents/friends who are coming to the meet.

Implement Weigh-Ins -- All weigh-ins are from 9 a.m. to 2 p.m. and will take place at the south end of the stadium.

Parking -- The names of all USATF officials working the meet will be left at the CSULA information/parking kiosk. Those officials should obtain their parking passes at the kiosk. No parking passes will be provided for competitors. Recommended parking for participant vehicles/non-charter buses is the top deck of the parking structure located adjacent to the Luckman Fine Arts Complex. Charter buses should park in Lot F, located just around the corner from the Luckman parking structure.

Parking rates on the CSULA campus are 50 cents per hour and \$6 for the entire day. Campus parking regulations require proper passes 24 hours a day, seven days a week. Therefore, you must have a parking pass in your vehicle to avoid a ticket. The Cal State L.A. Division of Intercollegiate Athletics has no control over campus parking lots and assumes no responsibility for parking tickets received during the meet.

Team vehicles may drop off athletes on Circle Drive adjacent to both Reeder Field (baseball) and the CSULA Tennis Complex prior to relocating. No vehicle parking will be permitted in Jesse Owens Track.

Results -- Posted on the CSULA Athletics web site as soon as possible after the meet.

Rules -- NCAA rules will be utilized at this meet.

Schedule -- The complete meet schedule is attached to this information packet.

Scoring -- There will be no team scoring at this meet.

Spikes -- Only 1/4" pyramids are permitted.

Starting Heights -- Women's high jump: 4' 5 1/2" (1.36m). Men's high jump: 5' 10 1/2" (1.79m). High jump increments are 0.05 meters up to 1.71m for the women (5' 7 1/4") and up to 2.14m for the men (7' 1/4").

Women's pole vault: 7' 8 1/2" (2.35m). Men's pole vault: 9' 4 1/4" (2.85m). Pole vault increments are 0.15 meters up to 3.55m for the women (11' 5 3/4") and up to 4.80m for the men (15' 9").

Team Areas -- Teams may setup "team areas/tents" in the general grandstand and are asked to set up as high as possible in the stands to avoid blocking spectator viewing. Teams are asked not to congregate/hang-out on field level nor setup these team areas at the entrance to the stadium. Thank you in advance for your cooperation.

Throws and Jumps -- In the throws and horizontal jump events (discus, javelin, hammer, shot put, long jump, triple jump), each athlete will get four attempts. For the throws events, markers will be used to designate the top throw for each athlete, with only the best mark for each athlete measured.

In the triple jump and long jump, two jumping pits will be utilized, with the higher seeds at the south pit and the lower seeds at the north pit. The triple jump board at the south pit will be 30 feet for the women and an option of 38 feet/43'6" for the men. The triple jump board at the north pit will be 26 feet for the women and 34 feet for the men.

Tickets -- There are no complimentary ticket lists for visiting teams or participants. General public tickets are \$5 for adults and \$3 for children under 18 and senior citizens.

Training Room/Sports Medicine -- The Cal State L.A. athletic training room staff will be located adjacent to the third base dugout in Reeder Field (warmup area) and available beginning at 9 a.m. Individuals/teams are asked to bring ample taping supplies to meet their needs. The following sports medicine items will be available: (a) water and cups; (b) ice and ice bags; (c) biohazard containment; and (d) emergency equipment.

Meet Schedule for Second-Annual Tommy “Tiny” Lister Classic
Saturday, April 2, 2005 -- Jesse Owens Track on the Cal State L.A. Campus
(tentative as of March 9)

<u>Time</u>	<u>Event</u>
10:00 a.m.	Javelin (women followed by men)
10:00 a.m.	Pole Vault (women followed by men)
10:30 a.m.	Women’s 3,000 meter run
11:00 a.m.	Women’s Long Jump
11:00 a.m.	Women’s 100 meter hurdles
11:20 a.m.	Men’s 110 meter hurdles
11:45 a.m.	Women’s 4x100 meter relay
11:55 a.m.	Men’s 4x100 meter relay
12:05 p.m.	Women’s 400 meter dash
12:25 p.m.	Men’s 400 meter dash
12:30 p.m.	Men’s Long Jump
12:30 p.m.	Discus (women followed by men)
12:45 p.m.	Women’s 100 meter dash
1:15 p.m.	Men’s 100 meter dash
1:50 p.m.	Women’s 400 meter hurdles
2:10 p.m.	Men’s 400 meter hurdles
2:30 p.m.	Women’s Triple Jump
2:35 p.m.	Women’s 800 meter run
2:55 p.m.	Men’s 800 meter run
3:00 p.m.	High Jump (women followed by men)
3:00 p.m.	Shot Put (women followed by men)
3:15 p.m.	Women’s 200 meter dash
3:40 p.m.	Men’s 200 meter dash
4:00 p.m.	Men’s Triple Jump
4:05 p.m.	Women’s 1,500 meter run
4:35 p.m.	Men’s 1,500 meter run
5:05 p.m.	Women’s 4x400 meter relay
5:20 p.m.	Men’s 4x400 meter relay
	** CSULA track and field alumni reception starts following the men’s 4x400 relay **
5:35 p.m.	Women’s 5,000 meter run
6:00 p.m.	Men’s 5,000 meter run

** schedule subject to change based on the number of entries received by the deadline*